

# Stronger Together

## Christian Women Wellness Retreat Schedule

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1 Thessalonians 5:11

*So encourage each other and help each other grow stronger in faith, just as you are already doing.*

My mother and I are so excited to be hosting an event for our fellow sisters in Christ in the beautiful mountains of North Georgia. These 4 days will be filled with fun, faith, fellowship, growth, and bonding time with other like-minded ladies.

GG & Glenda

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## Itinerary

### Sunday Arrival

3:00 p.m.	Check in, Welcome Package
5:00 p.m.	Meet and Mingle
6:00 - 8:00 p.m.	Dinner

### Monday

7:30 - 8:15 a.m.	Christian Yoga
8:00 - 10:00 a.m.	Breakfast
11 :00 - 11:45	Mindfulness Workshop
12:30 - 2:00 p.m.	Lunch
4:00 p.m.	Winery tour: "Chicks & Chocolate"
6:00-8:00 p.m.	Dinner

### Tuesday

7:30 a.m.	Prayer and Devotional Time
8:00 - 10:00 a.m.	Breakfast
11:30 - 12:15 p.m.	Dance Fit with GG
12:30 - 2:00 p.m.	Lunch
3:00 -3:45 p.m.	Mindfulness Workshop
6:00 - 8:00 p.m.	Dinner
8:00 p.m.	Bonfire & S'mores

### Wednesday

7:30 - 8:15 a.m.	Christian Yoga
8:00 - 10:00 a.m.	Breakfast
11:00 a.m.	Check out & Farewell

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*Building relationships that count and inspire!*

[\\$100 off if booked before the end of June 2018](#)

Relax while bonding in the Blue Ridge Mountains at

**Dahlonega Spa Resort**

400 Blueberry Hill, Dahlonega, Georgia 30533